

**COUNCIL OF HIGHER SECONDARY EDUCATION,  
MANIPUR**

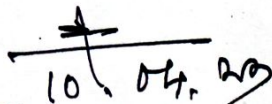
**NOTIFICATION**

Imphal, the 10<sup>th</sup> April, 2023

No. 1/360/10-HSC: 17975 It is hereby informed to all the Principals of Higher Secondary Schools and Colleges under the Council of Higher Secondary Education, Manipur that the National Commission for Protection of Child Rights, New Delhi issued guidelines for all schools to ensure health of children with Type 1 diabetes on the following –

- i) If a child with Type-1 diabetes requires a mid-morning or mid- afternoon snack, he should be permitted by the class teacher to consume it.
- ii) The child can participate in sports as advised by medical person.
- iii) Children with Type-1 diabetes giving their school exams and other competitive exams may be considered for the following-
  - Permitted to carry sugar tablets with them.
  - Medicines/fruits, snacks, drinking water, some biscuits/peanuts/dry fruit should be allowed into the exam hall and kept with teacher, if required these items shall be given to children during the examination.
  - The staff should permit the child to carry a glucometer and glucose testing strips along with him/her into the exam hall which may be kept with Invigilator/ teacher.
  - The child should be permitted to test blood sugar and to consume the above mentioned items as per requirements.
  - Children using CGM(Continuous Glucose Monitoring, FGM(Flash Glucose Monitoring) and/or insulin pumps have to be given permission to retain these devices during exams as they are attached to the body of said children. In case a smart phone is used as a reader, it may be handed over to the Teacher/ Invigilator to monitor the blood sugar levels.

All the Principals are , therefore, requested to provide proper care for children with Type-1 diabetes to improve the quality of life of these children.

  
( Ch. Biren Singh )  
Secretary

Council of Hr.Sec.Edn., Manipur

Copy to :-

1. The Chairperson, National Commission for Protection of Child Rights, New Delhi
2. The Director of Education(S), Govt. of Manipur
3. The Controller of Examinations of the Council
4. All Principals of Hr.Sec.Schools and Colleges under the Council.
5. The Deputy Secretary(IT) for uploading in the Council's Website
6. Notice Board
7. Guard File.